

Making Kink Play More Playful Workshop

Presented by Mistress Bliss and NotMyPants

When I was a child, my favorite activity was: _____

When I have free time, I enjoy the following hobbies/recreation: _____

Play Archetypes	Description	I enjoy or would like to try:
The Joker	Loves to joke and make others laugh	1. 2.
The Artist/Creator	Enjoys creating and making things	1. 2.
The Explorer	Loves to explore something new or different—physical, emotional, or mental	1. 2.
The Competitor	Loves competition, rules, and plays to win	1. 2.
The Director	Enjoys planning and executing events and loves organizing things	1. 2.
The Collector	Enjoys gathering interesting collections of objects and experiences	1. 2.
The Kinesthete	Love to move and push their body to see what it can do	1. 2.
The Storyteller	Loves to use their imagination to tell stories	1. 2.

Exercise 1:

My Play archetypes are: _____ & _____

My Friend/Partner's Play archetypes are: _____ & _____

Improv Principles:

1. Yes, and: Accept what is offered and build on it
2. If, then (collaborate): extrapolate and continue down the rabbit's hole
3. Make the other players look great!
4. No mistakes, only opportunities and new twists
5. Limits are a gift

Exercise 3: Negotiating a Scene

	You	Your Play Partner
How do you want to feel during and after the scene?		
Play Archetype		
Play Type WishList		
Limits		

Your launching point: _____

Scene Description:

For copies of this worksheet or Negotiation Worksheets, visit: <https://mxBliss.Home.Blog>